

JANUARY

u3a Sale

Newsletter

January 2025

Welcome to the January 2025 Newsletter

Happy New Year to all our members and welcome to our first newsletter for 2025! We have a good programme of events planned for the coming year.

We sometimes forget that we are part of the very extensive u3a family. In the UK there are over 1,000 u3a groups with some 400,000 members. In this newsletter there are links to some of the activities of the [u3a NW Region](#).

Chair – Carole Barley



NW Region Summer School 2025

This year the u3a North West Region Summer School will be held at the Manchester Metropolitan University from 12th to 15th August. There are 8 courses on offer.

Places at the School are likely to be booked up very quickly. If you are interested, please click on the link below for more details and a booking form etc.

[Summer School](#)



Events in NW Region

[Events](#) organised by u3as, networks and the North West Region that are open to members of all u3as across the whole region.

u3a Network Link Spring Event

The Network Link Team have an exciting meeting planned and would like to invite you to attend The Network Link Spring event to be held via Zoom on Wednesday 5th February 2025. Attendance is FREE!

[Network Event](#)

Scan this QR code to access the website of the u3a North West Region



Sale u3a website <https://sale.u3asite.uk>

Sale u3a Facebook <https://www.facebook.com/groups/saleu3a>

Egyptology Group Food Tasting

Egyptian food tasting and quiz was most enjoyable on Tuesday 17 December, with 18 members of the group partaking of a wee dram of mead, flat breads, dates, humous, carrot cake (traditionally baked), baklava, and those less traditional but delicious mince pies (some were Egyptian themed for fun). We realise that we have learned lots about Ancient Egypt but plenty more to explore so next year will be fun.

We meet back on the Tuesday 21 January at Sale Moor Community Centre, 10am. All are welcome if you wish to join us please come along. Contact Kathryn on Fyflex4@gmail.com for more information.

We are also planning a number of informal trips to join [Bolton Museum](https://www.boltonmuseum.org/)'s Egyptian series of talks. Have a look at the website and perhaps we could see you there too.



Friday Talks and Film Shows

Our general meetings are always popular. Most months we have a film on the second Friday and a talk on the fourth Friday.

Our next film is on Friday 14th February 2025. We will be showing "The Father", starring Anthony Hopkins and Olivia Colman. This is a moving account of a man's struggle with memory loss and dementia. Some members may find it distressing.



Our next talk will be on 24th January when Nicky Patterson will talk about her life as an Air Traffic Controller at Manchester Airport.

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