

February

u3a Sale Newsletter

February 2025

Welcome to the February 2025 Newsletter

It is good to note that Sale u3a is going from strength to strength. We now have over 400 members, with new people joining almost every month.

In this newsletter there is information about the proposed formation of two new groups; Beginners Guitar and Beginners Spanish. If you are interested, please have a look and contact the relevant organisers.

We are starting to think about organising trips in May and September. If you have any ideas about suitable destinations, please let me know.

Chair – Carole Barley

Friday Talks and Film Shows

Our general meetings are always popular. Most months we have a film on the second Friday and a talk on the fourth Friday.

Our next film is on Friday 14th March 2025. We will be showing “Wicked Little Letters”, starring Olivia Colman and Jessie Buckley. This is a black comedy based on real events. Please be aware that it contains a lot of strong swearing!

Our next talk will be on 28th February when Caroline Lyndsay will talk about Medical Detection Dogs.

Medical Detection Dogs are super sniffers, using their incredible sense of smell to save lives each and every day. Bio detection dogs use their nose to find illnesses such as cancer, Parkinson’s disease, malaria, and now even Covid-19! These wonderful dogs are working to diagnose disease much earlier, through less invasive and less expensive methods.



Scan this QR code to access the website of the u3a North West Region



Sale u3a website <https://sale.u3asite.uk>

Sale u3a Facebook <https://www.facebook.com/groups/saleu3a>

Proposed Beginners Guitar Group

Do you have dreams of becoming a rock star or, perhaps, a classical guitarist?

If so, you might be interested in the proposed new group for Beginners Guitar players.

If you are interested, please contact [Steve Russell](#) for more information.



Proposed New Group – Spanish Beginners

People expressed interest in setting up a Spanish Beginners Group.

Some progress has been made towards this aim. If you are interested, please contact [Judith Lloyd](#) or [Carole Barley](#).



Gardening Tips

Spring is on its way time to get the garden ready.

February– March is the best time to prune most deciduous trees.

Garden bulbs to plant in February:-

Lilies. Alliums, Galtonia.

Vegetables:-

Broad beans, carrots, parsnips, lettuce and summer cabbage.

Lawn care:-

Cut the grass if it's growing and apply autumn/ winter fertiliser.



Chatterbox Group Expands!



When it was set up, the Chatterbox Group met on the first Wednesday of each month.

However, the Group now has additional monthly meetings on the second Monday each month as it was recognised that Wednesdays might not be convenient for everyone. Of course, you can also come twice per month if you want!

Please come along to Jackalope Coffee House on School Road in Sale town centre and join our lovely, friendly group from 10.30am to 12.30pm. Group leader [Veronica](#) will see you there.

French and Spanish Films

[Manchester Film Weekender](#) will be showing French films on Sundays at Altrincham Little Theatre. Spanish films will be shown on Saturdays.

Films will be introduced by the speaker at 3.00pm, screenings begin at about 3.15pm. The theatre will open from 2.15pm.

See their [website](#) for details.