

Hello MARCH

u3a Sale

Newsletter March 2026

Welcome to the March 2026 Newsletter

Spring and The Easter Bunny are on their way and don't forget the clocks go forward Sunday 29th March

Earlier this month we held one of the regular meetings with Group Leaders. They are a very important part of the u3a family and we are grateful for all their work.

The new Tai Chi Group has proved to be very popular and they will be having their first meeting on 7th April.

The Events Group has been very active and are planning several trips. There are still places available on the Buxton trip on 26th May.

Chair – Carole Barley

Friday Talks and Film Shows

Our general meetings are always popular. Most months we have a film on the second Friday and a talk on the fourth Friday.

On 10th April our film will be "Three Men in a Boat", starring Lawrence Harvey, David Tomlinson, Jimmy Edwards and Montmorency the dog. This is a light hearted comedy from the 1950s

On 24th April David Walmsley will talk about "Famous Faces from Sale".

Apparently there are more than just J.P.Joule!

**Sale u3a present
a showing of...**

THREE MEN IN A BOAT



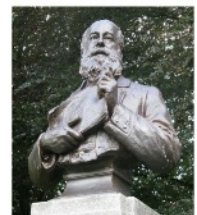
**2pm (doors open 1.30pm)
on Friday 10 April**

**Sale Moor Community Centre
Just £2.00 for Refreshments**

**Sale u3a present
a talk by**

David Walmsley

**Famous Faces
from Sale**



**2pm (doors open 1.30pm)
on Friday 24 April**

**Sale Moor Community Centre
Just £2.00 for Refreshments**

Scan this QR code to access the website of the u3a North West Region



Sale u3a website <https://sale.u3asite.uk>

Sale u3a Facebook <https://www.facebook.com/groups/saleu3a>



Buxton Trip on 26th May

There are still a few places left on the Sale u3a trip to Buxton on Tuesday 26th May.

Buxton is renowned for its beautiful Georgian and Victorian architecture – much of it linked to the Duke of Devonshire's ambitions to create a spa town to rival Bath back in the 18th century.

You will have the option to take a tour on The Buxton Crescent Experience, a unique visitor attraction set within the beautiful Grade 1 listed Crescent Hotel, now a 5* spa hotel. The Crescent has been Buxton's jewel since opening in 1789 and you can find out how this building shone through its Georgian and Victorian heyday and how it was restored to its former glory in 2020.

You may choose to wander and visit the Pavilion Gardens, the weekly market or Buxton's many independent shops, tearooms, cafes and coffee shops.

Coach pick-up will be **9.00am** from Sale Moor Community Centre, returning **4pm** from Buxton. The tour is booked for 10.30 am and will take approximately 90 minutes. You will then be free to see Buxton at your leisure.

The cost will be £36.50 including the tour of The Crescent or £22.00 if you don't choose this option. You must be a U3a member.

If you wish to register your interest, please contact Barbara at barbaraokeefe49@gmail.com

A non-refundable deposit of £10.00 will be required by 31st March, final payment due 30th April.

Payment can be made by BACS; cheques also accepted, made out to University of Third Age.

When paying, please reference Buxton.

Account No. 11849224 Sort code 16-20-31

Visit of David Domoney to Golden Days Garden Centre

A few months ago we had an interesting talk by Duncan Birtles from Golden Days Garden Centre in Cheadle.

Duncan has now invited Sale u3a members to visit the Garden Centre on 26th March 2026 when famous TV gardener David Domoney will be at the Centre from about 10am. He will talk for about 30 minutes and then be available for questions